

HEALTH AND PHYSICAL EDUCATION POLICY

PURPOSE

Devon Meadows Primary School is a Sunsmart and Health Promoting School. Studies in Health and Physical Education provide a foundation for developing active and informed members of society. Students will develop an understanding of the factors, which promote the physical, social and emotional health of individuals, families and communities. Students will experience physical activities, which provide fitness, challenge, personal growth and enjoyment.

GUIDELINES

Students will participate in regular lessons with a health/personal development focus as part of integrated classroom units.

- They will develop an understanding of factors, which affect the health and safety of individuals and populations.
- Students will be involved in activities to gain an understanding of human physical, emotional and social development and how these understandings directly relate to themselves.
- Students will develop skills needed for considering relevant factors, making decisions and taking action in everyday life
- Our school promotes Sunsmart behaviours in and out of school – refer Sunsmart policy.

Students will undertake regular Physical Education sessions. All classes will have sport activities for an additional one hour for prep to grade 2 and an hour and half for grades 3 to 6.

Class teachers will involve senior school grades in a weekly Sports program.

- Pupils will be actively involved in fundamental skills development, dance, games, gymnastics, aquatics, athletics, perceptual motor program and outdoor pursuits.
- Senior school students will have opportunities to participate in intra-school and inter-school sporting activities to enhance skills and social interaction.
- Grade 2 pupils will have the opportunity to experience a sleepover at school. Grades 3/4 pupils will have the opportunity to attend a three day camp and Grade 5/6 students will be offered a five day camp.
- Pupils are to wear helmets if they ride to and from school.
- Intensive swimming program will be offered from Grades prep to 4.
- Water safety program will be offered to Grade 5 & 6 students.

EVALUATION

Program will be evaluated annually in accordance with VELS guidelines. This policy will be reviewed in November 2011.



COUNCIL APPROVED: _____
DATE: _____