



# Parent Pipeline



## CAFE Strategy: Check for Understanding

Even as an adult reader, there are times when I am reading a story and I get lost and am not sure what has happened. Fortunately, when this happens, I have strategies I use to help me understand the story. The same thing happens when children read. However, with children they often keep reading and do not realize they lost comprehension until the end of the story. They are too concerned with reading accurately, and forget to take the time to think about what they are reading. How can we help them gain comprehension? We can teach them the comprehension strategy: **check for understanding** because good readers stop frequently to check for understanding or to ask who and what.

### How can you help your child with this strategy at home?

1. When reading to your child, stop periodically and say, "Let's see if we remember what I just read. Think about who the story was about and what happened." Do this 3 or 4 times throughout the story.
2. When reading to your child, stop and have them practice checking for understanding by saying, "I heard you say..."
3. Ask your child the following questions:
  - Who did you just read about?
  - What just happened?
  - Was your brain talking to you while you read?
  - Do you understand what was read?
  - What do you do if you don't remember?

**Thank you for your continued  
support at home!**